

<b>PTA /Family Network Shared Calendar</b>		
<b>DATE/TIME</b>	<b>EVENT</b>	<b>LOCATION</b>
September 18, 2007 6:30-8:30pm	<b>Parent Chat</b> – facilitated discussion on <b>Raising Responsible Children</b>	Parent Education Program DHS – 3033 Wilson Blvd. Advance registration requested Contact Cheryl Fuentes cfuentes@arlingtonva.us
September 18, 2007 7:00pm	<b>Things We Wish We'd Known About the College Search Process (but didn't know enough to ask!)</b> YHS parents share their experiences along with counselors specializing in college applications	Yorktown High School Room 1B
October 3 <sup>rd</sup> -November 28 <sup>th</sup> Wednesdays, 7:00-9:00pm	<b>Emotion Coaching: A Mindful Approach to Parenting</b> - Parents of middle school teens – get help understanding your teens emotions to build stronger relationships	Parent Education Program DHS – 3033 Wilson Blvd. <b>Advance registration required</b> Contact Cheryl Fuentes <a href="mailto:cfuentes@arlingtonva.us">cfuentes@arlingtonva.us</a> 703-228-1551
Wednesday, Oct. 10 <sup>th</sup>	<b><u>College Fair</u></b>	Ballston Mall
Tuesday, October 16 <sup>th</sup> 6:30-8:30pm	<b>Parent Chat</b> – facilitated discussion on <b>Stress and Time Management</b>	Parent Education Program DHS – 3033 Wilson Blvd. Advance registration requested Contact Cheryl Fuentes cfuentes@arlingtonva.us
October 17 <sup>th</sup>	<b>"Is it Just a Phase?"</b> . Dr. Susan Swedo of NIMH will address issues regarding parental concerns about their kids with time for Q and A. Co-sponsored by APS, DHS, CSB and NAMI-Arlington.	Arlington Education Center 1426 N, Quincy St. Board room, 1 <sup>st</sup> floor  Please Contact Arlington Public Schools Student Services for more information. 703-228-6061

<p>October 23, 2007 (Tuesday) 7:00 p.m.</p>	<p><b><u>What's new in understanding the Adolescent Brain:</u></b> Guiding It, Teaching, and Protecting It with neuropsychologist Dr. William Stixrud. Gain a better understanding of your adolescent's brain.</p>	<p>Yorktown High School cafeteria</p>
<p>November 1, 2007 Thursday, 7:00-9:00pm</p>	<p><b>Organization and School Success (elementary and middle school)</b> Learn about organizational strategies and study skills that can help your child be successful in school. This course will help you assess your child's current skills and find ways to support them, including tips for talking with teachers. Presented by Wendy Carria and Kelley Mountain</p>	<p>Arlington Education Center 1426 N, Quincy St. Board room, 1<sup>st</sup> floor</p> <p>Please Contact Arlington Public Schools Student Services for more information. 703-228-6061</p>
<p>November 7, 2007 7:00-9:00pm</p>	<p><b>Internet Safety program</b> Learn about the risks your child faces when "surfing the net" and how to protect them. You can take steps to make Internet access safer and learn what to look for in Internet interactions. Presented by ChildHelpUSA and APS</p>	<p>Arlington Education Center 1426 N, Quincy St. Board room, 1<sup>st</sup> floor</p> <p>Please Contact Arlington Public Schools Student Services for more information. 703-228-6061</p>
<p>November 20<sup>th</sup> Tuesday, 6:30-8:30pm</p>	<p><b>Parent Chat</b> – facilitated discussion on <b>Family Communication</b></p>	<p>Parent Education Program DHS – 3033 Wilson Blvd. <u>Advance registration requested</u> Contact Cheryl Fuentes cfuentes@arlingtonva.us</p>

<p>November 28, 2007 7:00-9:00pm</p>	<p><b>Bullying and Relational Aggression</b> Learn about the different types of bullying and harassment. Learn strategies for helping your child and what to do if your child bullies or is bullied. Presented by Wendy Carria and Kelley Mountain</p>	<p>Arlington Education Center 1426 N, Quincy St. Board room, 1<sup>st</sup> floor</p> <p>Please Contact Arlington Public Schools Student Services for more information. 703-228-6061</p>
<p>December 18, 2007 Tuesday, 6:30-8:30</p>	<p><b>Parent Chat</b> – facilitated discussion on <b>Positive Behavior Management</b></p>	<p>Parent Education Program DHS – 3033 Wilson Blvd. <u>Advance registration requested</u> Contact Cheryl Fuentes cfuentes@arlingtonva.us</p>
<p>January 23, 2008 Wednesday, 7:00-9:00pm</p>	<p><b>Stress in Children and Teens</b> Learn to recognize the signs of stress in your child and strategies to reduce stress for your family and your child. Discussion will include the causes of stress and the difference between “good” stress and “bad” stress. Presented by Wendy Carria and Kelley Mountain</p>	<p>Arlington Education Center 1426 N, Quincy St. Board room, 1<sup>st</sup> floor</p> <p>Please Contact Arlington Public Schools Student Services for more information. 703-228-6061</p>
<p>February</p>	<p><b><u>TENTATIVE</u></b> <b>Mimi Fleury/Community of Concern</b> <b>Teen/Community Alcohol Issues</b></p>	<p>TBA</p>
<p>March 27, 2008</p>	<p><b>Anxiety and Depression in Children and Teens.</b> APS</p>	<p>TBA</p>
<p>April 8, 2008 (Tuesday) 7:00 p.m.</p>	<p><b>Teaching Teens to Drive</b> Phil Berardelli, author of <u>Safe Young Drivers: A Guide for Parents and Teens</u> and Mike Green of MADD</p>	<p>Yorktown High School Room 1B</p>